

NUTRITION IN OUR AISLES

Developed by
Registered
Dietitians

Featuring Guiding Stars

Fun, FREE Field Trips at your
local Loblaws,[®] Zehrs Markets[®]
and Real Canadian Superstores[®]

Available at select stores in Ontario 2014/2015.

What is it?

- Hands-on nutritional Field Trips Led by Registered Dietitians in the local grocery store

Learn About:

- Guiding Stars food rating system
- Canada's Food Guide
- Nutritional Facts

Why Attend?

- Experiential learning is effective and fun
- Tours align with Ontario Health and Physical Education Curriculum
- Field Trips encourage activity in your local community

Who is Eligible?

- Students in grades Junior K - 3 (60 minutes)
- Students in grades 4 - 8 (90 minutes)
- Groups of 5 - 30 students
- All non-school youth organizations (including camps, daycares, church groups etc.)

How to enroll:



Go to www.FieldTripFactory.ca or call 855.383.0900



"Having a food expert teach my students by giving them the option to engage in nutrition is simply brilliant."

—Elisha Horbay,
Educator at
St John School,
Toronto, ON

ONTARIO STORE LISTINGS

STORE NAME	ADDRESS	CITY
Aurora Superstore	15900 Bayview Avenue	Aurora
Newmarket Superstore	18120 Yonge Street	Newmarket
Superstore Mavis	3045 Mavis Road	Mississauga
Winston Churchill Superstore	3050 Argentia Road	Mississauga
Loblaws Superstore	820 Main Street East	Milton
North Oakville Superstore	201 Oak Park Blvd.	Oakville
LSL Burnhamthorpe Market	380 The East Mall	Etobicoke
LSL Humbercrest Market	3671 Dundas Street West	Etobicoke
LSL Port Credit	250 Lakeshore Road West	Port Credit
LSL Heartland Market	5970 McLaughlin Road	Mississauga
LSL Glen Erin Market	5010 Glen Erin Drive	Mississauga
LSL Mccowan Market Markham	200 Bullock Drive	Markham
LSL Richmond Hill	310 High Tec Road	Richmond Hill
LSL Yonge & Bernard	10909 Yonge Street	Richmond Hill
LSL Leslie & Lakeshore	17 Leslie Street	Toronto
LSL Queens Quay Market	10 Lower Jarvis Street	Toronto
LSL Bayview & Moore	301 Moore Avenue	Toronto
LSL Forest Hill Market	396 St. Clair Avenue West	Toronto
LSL Millwood & Laird	11 Redway Road	Toronto
LSL Queen & Portland	585 Queen Street West	Toronto
LSL Maple Leaf Gardens	60 Carlton Street	Toronto
LSL Bayview Village	2877 Bayview Village	Toronto
LSL Empress Market	5095 Yonge Street	North York
LSL Yonge & Yonge	3501 Yonge Street	North York
LSL Victoria Park Market	50 Musgrave Street	Toronto
LSL Dupont & Christie	650 Dupont Street	Toronto
LSL Dundas & Bloor	2280 Dundas Street West	Toronto
LSL Wonderland Market	3040 Wonderland Road South	London
LSL Fanshawe Market	1740 Richmond Street North	London
LSL College Square Market	1980 Baseline Road	Ottawa
LSL Merivale	1460 Merivale Road	Ottawa
LSL Carlingwood	2085 Carling Avenue	Ottawa
LSL Rideau & Nelson	363 Rideau Street	Ottawa
LSL Isabella	64 Isabella Street	Ottawa
LSL Vanier Market	100 McArthur Road	Ottawa
LSL Kanata	200 Earl Grey Drive	Ottawa
LSL Barrhaven	3201 Greenbank Road	Ottawa
LSL Bells Corners	59A Robertson Road	Ottawa
LSL Gloucester (New)	1980 Ogilvie Rd.	Ottawa
LSL South Keys	2210C Bank Street	Ottawa
LSL Elmvale	1910 St Laurent Blvd	Ottawa
LSL Princess Market	1100 Princess Street	Kingston
LSL Cataraqui Market Kingston	1048 Midland Avenue	Kingston
LSL Bowmanville Market	2375 Highway #2	Bowmanville

Store Name	ADDRESS	CITY
LSL Collingwood Market	12 Hurontario Street	Collingwood
LSL Lindsay	400 Kent Street West	Lindsay
LSL Pickering Market	1792 Liverpool Road	Pickering
Zehrs Bradford	500 Holland St. West	Bradford
Zehrs Alliston	30 King Street South	Alliston
Zehrs Hiway Centre	1375 Weber St. East	Kitchener
Zehrs Stanley Park	1005 Ottawa Street	Kitchener
Zehrs Glenridge	315 Lincoln Road	Waterloo
Zehrs Laurentian	750 Ottawa St South	Kitchener
Zehrs Beechwood	450 Erb St. West	Waterloo
Zehrs Conestoga	555 Davenport Road	Waterloo
Zehrs Malden Road	5890 Malden Road	Windsor
Zehrs Kingsville	300 Main St. E	Kingsville
Zehrs Keswick	24018 Woodbine Ave Rr # 2	Keswick
Zehrs Uxbridge	323 Toronto St.S	Uxbridge
Zehrs Parkway Mall	7201 Tecumseh Rd East	Windsor
Zehrs St Clair Beach	400 Manning Road	Windsor
Zehrs Essa Road	11 Bryne Drive	Barrie
Zehrs Big Bay Point	620 Yonge Street	Barrie
Zehrs Cundles	201 Cundles Rd East	Barrie
Zehrs Bayfield	472 Bayfield Street	Barrie
Zehrs Pen Centre	221 Glendale Ave (At Hwy 406)	St. Catharines
Zehrs Geneva Street	Fairview Mall 285 Geneva St.	St Catharines
Zehrs Niagara	6940 Morrison Street	Niagara Falls
Zehrs Welland	821 Niagara St. North	Welland
Zehrs Cambridge Cntr	400 Conestoga Blvd.	Cambridge
Zehrs - South Cambridge	200 Franklin Blvd	Cambridge
Zehrs Hartsland	160 Kortright Road West	Guelph
Zehrs Hespeler	180 Holiday Inn Drive	Cambridge
Zehrs Eramosa	297 Eramosa Road	Guelph
Zehrs Imperial	1045 Paisely Road	Guelph
Zehrs Fergus	800 Tower Street South	Fergus
Zehrs Fairview	410 Fairview Drive	Brantford
Zehrs King George	290 King George Rd Nth/Hiway24	Brantford
Zehrs Orangeville	Heritage Mall 50 - 4th Ave	Orangeville
Zehrs Bolton	487 Queen St. S	Bolton
Zehrs Tillsonburg	400 Simcoe Street	Tillsonburg
Zehrs Woodstock	969 Dundas Street	Woodstock
Zehrs Listowel	600 Mitchell Rd Hwy 23 South	Listowel
Zehrs Stratford	865 Ontario Street	Stratford
Zehrs Orillia	289 Coldwater Road	Orillia
Zehrs Owen Sound	1150 16th Street East	Owen Sound
Zehrs Caledonia	322 Argyle Street South	Caledonia
Zehrs Goderich	Po Box 365 Hwy #8	Goderich